

You may register and pay online for the conference at [www.iowaOT.org](http://www.iowaOT.org) or send registration and payment to: IOTA, Box 57221, Des Moines, IA 50317

Please make checks/money orders payable to IOTA.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email (confirmations only sent via email): \_\_\_\_\_

Dietary Concerns: \_\_\_\_\_

**Registration Fees: (check one)**

**IOTA Members (OT/OTA)**

\_\_\_\_ Both Days - \$190  
\_\_\_\_ Fri - \$140  
\_\_\_\_ Sat - \$140    \_\_\_\_ Track A    \_\_\_\_ Track B

**IOTA Student Members (OT/OTA)**

\_\_\_\_ Both Days - \$50  
\_\_\_\_ Fri - \$35  
\_\_\_\_ Sat - \$35    \_\_\_\_ Track A    \_\_\_\_ Track B

**Non-Members-OT/OTA\*\***

\_\_\_\_ Both Days - \$240  
\_\_\_\_ Fri - \$185  
\_\_\_\_ Sat - \$185    \_\_\_\_ Track A    \_\_\_\_ Track B

**Non-Members-OT/OTA Students\*\***

\_\_\_\_ Both Days - \$65  
\_\_\_\_ Fri - \$50  
\_\_\_\_ Sat - \$50    \_\_\_\_ Track A    \_\_\_\_ Track B

\_\_\_\_ Late fee \$25 (after 9-21-2017)

\*\*Includes one-year membership to IOTA



# Iowa Occupational Therapy Association 2017 Fall Conference

Friday, October 6  
& Saturday, October 7

Iowa Methodist Medical Center -  
Education & Research Center

1415 Woodland Avenue  
Des Moines, IA 50309

**Registration**

12:30-1:00pm Friday

7:30-8:00am Saturday

*During this time, please register  
and visit the vendors and student poster  
sessions*

**Conference Directions**

Due to construction in and around the Des Moines area, please check [www.I235.com](http://www.I235.com) for updates. You may also Mapquest directions at [www.mapquest.com](http://www.mapquest.com).

**Conference Parking:**

Enter the parking ramp from Pleasant Street. Park in the SE corner of the ramp closest to the elevator. Take elevator to Level G (main level for Education Center).



\*\*\*\*On Saturday the front doors of the Education Building are locked, so it is imperative that you park in the ramp and enter the building via the elevator. \*\*\*\*

**Accommodations**

**Holiday Inn Downtown** – 1050 6th Avenue, Des Moines, Iowa; (515) 283-0151; shuttle available upon request at check-in; \$109+ tax. Rooms reserved under “Iowa Occupational Therapy Association” until September 14, 2017.

**Conference Registration Cancellation Policy**

Cancellations received until 9/21/2017 will be refunded at 50%. No refunds after September 21, 2017.

**Questions Regarding the Conference**

Please contact:

**Sue Toale Knapp:**

515-255-0366 (home) OR

515-241-8139 (work) 515-249-4272 (cell)

**Shelly Plough, IOTA Office:**

(Email: [iowaOT@gmail.com](mailto:iowaOT@gmail.com))

**Silent Auction Basket Donations**

Would you, your facility or department be willing to donate a basket for a silent auction at the 2017 IOTA Fall Conference? Baskets could have a theme such as a wine, ISU, IOWA or a coffee basket, etc.. Themes are NOT required. Be creative and have fun with this!! The silent auction will be used as a fundraiser for student scholarship and legislative funds. Please contact Cindy Campbell if you would like to help:

641-751-4344

or [cindybayouot@gmail.com](mailto:cindybayouot@gmail.com)

**Clothing Fundraiser & IOTA Quilt**

Clothing fundraiser (OT T-shirts, sweatshirts, etc.) will be held again this year. Only cash/check will be accepted as payment.

If you have OT t-shirts/sweatshirts you would like to donate to IOTA for a quilt, please bring them to the conference.

**\*\*Speaker Bios will be available at the conference\*\***

**Friday, October 6**

12:30 – 1:00 pm Registration – Vendors – Posters

1:00 – 2:30 pm Speakers: **Dr. Yolanda Griffiths & Christine Urish: Workplace Incivility**

2:30 - 2:45 pm Break - Visit Vendors & Poster Session

2:45 – 4:45 pm *continuation of* Speakers: **Dr. Yolanda Griffiths & Christine Urish: Workplace Incivility**

4:45 – 5:00 pm Awards ceremony

5:00 – 6:00 pm Break - Visit Vendors & Poster Session & Social Hour (**1 CEU awarded for this hour**)

**Objectives:**

**Title: Workplace Incivility: Zapping Productivity, Self Esteem and Team Cohesiveness (3.5 CEUs)**

**Yolanda Griffiths, OTD, OTR/L, FAOTA**

**Christine Urish, PhD, OTR/L, BCMH**

**Objectives:**

- Describe aspects of workplace incivility and adult bullying that contribute to a negative work environment and affect one's health
- Discuss the impact of workplace incivility on productivity, morale and collaboration
- Identify at least six ways to enact positive change for mental health and conflict management
- Examine the legal responsibilities and policy transformation needed to reclaim a positive work environment

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**Saturday, October 7 - Track A**

7:30 – 8:00 am Registration, Continental Breakfast and Visit Vendors & Poster Session

8:00 – 9:45 am Speaker: **Sarah McMillian – Trauma Informed Care for the OT Practitioner**

9:45 - 10:00 am Break – Visit Vendors & Poster Session

10:00 – 11:00 am *continuation of* Speaker: **Sarah McMillian – Trauma Informed Care for the OT Practitioner**

11 am – 12:30 pm Lunch – **Key Note Speaker: Michelle Laughlin** and then Business Meeting (Visit Vendors & Poster Session as time allows)

12:30 – 2:00 pm *continuation of* Speaker: **Sarah McMillian – Trauma Informed Care for the OT Practitioner**

2:00 – 2:15 pm Break - Visit Vendors & Poster Session

2:15 – 4:00 pm *continuation of* Speaker: **Sarah McMillian – Trauma Informed Care for the OT Practitioner**

**Total contact hours for Track A, Saturday, October 7 = 6.0**

**Objectives:**

**Title: Trauma Informed Care for the Occupational Therapy Practitioner**

**Sarah McMillan, MOT, OTDS, OTR/L**

**Objectives (Trauma Informed Care for the Occupational Therapy Practitioner):**

- Be able to name at least three different types of trauma
- Be able to identify DSM V diagnoses related to trauma
- Understand the brain regions impacted by trauma and differences based on age and type of trauma
- Be able to identify the affect trauma can have on individuals' relationships, behavior, cognition, sensory modulation, and participation.
- Be able to articulate the role of Occupational Therapy Practitioners in trauma recovery
- Understand the basics of trauma informed care models and how they apply to mental health, physical health, community, and pediatric based practices.
- Identify three online resources to learn more about individuals who have experienced trauma and trauma informed care models.

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**Saturday, October 7 - Track B**

7:30 – 8:00 am Registration, Continental Breakfast and Visit Vendors & Poster Session

8:00 – 9:45 am Speaker: **Steven Bowen – How to Interview Prospective Employers**

9:45 - 10:00 am Break – Visit Vendors & Poster Session

10:00 – 11:00 am *continuation of* Speaker: **Steven Bowen – How to Interview Prospective Employers**

11 am – 12:30 pm Lunch – **Key Note Speaker: Michelle Laughlin** and then Business Meeting (Visit Vendors & Poster Session as time allows)

12:30 – 2:00 pm Speaker: **Lynn Kilburg – OT/OTA Teams: A Collaborative Model**

2:00 – 2:15 pm Break - Visit Vendors & Poster Session

2:15 – 4:00 pm *continuation of* Speaker: **Lynn Kilburg – OT/OTA Teams: A Collaborative Model**

**Total contact hours for Track B, Saturday, October 7 = 6.0**

**Title: How to Interview Prospective Employers: Ethical Considerations for the Just-Right Fit**  
**Steven S. Bowen, OTD, OTR/L**

**Objectives:**

- Demonstrate interviewing techniques essential for successful job placement
- Differentiate among various practice area
- Analyze ethical consideration in various practice settings
- Articulate appropriate questions to delineate organizational standards and ethical practices
- Identify organizational characteristics leading to successful employment

**Title: OT/OTA Teams: A Collaborative Model to Team Building for Enhanced Client Outcomes**

**Dr. Lynn Kilburg, DHSc, MBA, OTR/L**

**Laura Green, MOT, OTR/L**

**Objectives:**

- Understand the roles and responsibilities of each practitioner level on the OT team with an emphasis on professionalism and ethics.
- Discuss strategies for leading intra-professional OT team development as an entry-level practitioner.
- Identify methods for collaborating in the OT process and demonstrating competence with delegated assessment and intervention services.
- Identify strategies for optimizing professional development and capacity within your role on the intra-professional OT team.