

REGISTRATION

You may register and pay online for the conference at www.iowaOT.org or send registration and payment to:

IOTA, Box 57221, Des Moines, IA 50317

Please make checks/money orders payable to IOTA.

Name: _____

Address: _____

Phone #: _____

Email (confirmations only sent via email): _____

Dietary Concerns: _____

Registration Fees:

IOTA Members (OT/OTA)

____ - \$175

IOTA Student Members (OT/OTA)

____ \$40

Non-Members-OT/OTA

____ - \$200

Non-Members-OT/OTA Students

____ - \$50

Please indicate P.M. track you will attend:

____ - Track A

____ - Track B

Questions regarding the conference please contact:

Cindy Koehn: 319-415-8657 or 319-296-4305

Sue Toale Knapp: 515-249-4272

or Shelly Plough, IOTA Office: iowaOT@gmail.com

Registration Cancellation Policy

Cancellations received after 9/24/2019 refunded at 50%.

SILENT AUCTION BASKET DONATIONS

Would you, your facility or department be willing to donate a basket for a silent auction at the 2019 IOTA Fall Conference? Baskets could have a theme such as a wine, ISU, IOWA or a coffee basket, etc..

Themes are NOT required.

Be creative and have fun with this!!

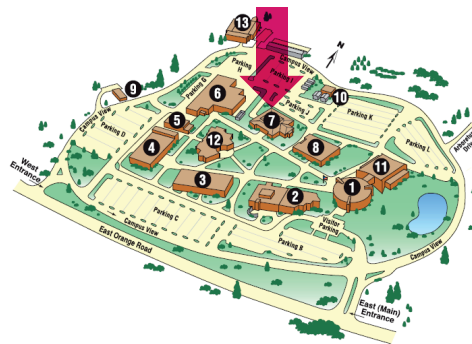
The silent auction will be used as a fundraiser for student scholarship and legislative funds.

Please contact Kandace Wittry if you would like to help:
641-485-8575 or kandyisland@hotmail.com

CLOTHING FUNDRAISER

Once again OT T-shirts, sweatshirts, etc. will be available for purchase at the conference. Only cash/check will be accepted as payment.

LOCATION



Friday, September 27th
Hawkeye Community College
Tama Hall, Building 7
1501 East Orange Road
Waterloo, IA 50704

ACCOMMODATIONS

Country Inn & Suites
4025 Hammond Avenue, Waterloo, IA;
(319) 233-2336 – \$74 + tax;
Rooms reserved under Care Initiatives/IOTA Conference

27
SEPTEMBER
8AM - 5PM

2019
ANNUAL
CONFERENCE



**IOWA OCCUPATIONAL
THERAPY ASSOC.**
RESILIENCE. RELEVANCE. DIVERSITY

Friday September 27, 2019

Total 7 CEU's available

7:00-8:00

Registration, Breakfast, visit with Vendor, view Poster Presentations, visit Silent Auction

8:00-10:00

Addressing Low Vision Assessment and Treatment
Speaker: Susan Hoey OTD, MS, OTR/L 2 CEU

Dr. Susan Hoey has 27 years of experience in occupational therapy practice with a primary focus on hospital based acute rehabilitation and outpatient services. Areas of interest include low vision, upper extremity prosthetics, and rehabilitation for individuals with neurological diagnoses. Susan received her entry-level MS in OT at Washington University, St. Louis and her post-professional OTD at Mount Mary University with an emphasis in education. She is currently an assistant professor in the Master of Science in Occupational Therapy Program at Allen College in Waterloo Iowa.

Objectives:

- Identify three common diagnoses associated with vision impairment.
- Discuss the connection between vision and ADL/IADL completion.
- Explore vision screening methods.
- Discuss interventions that can be applied across multiple settings to improve safety and independence for individuals with low vision.

10:00-10:30

Visit Poster Presentations, Vendors, T-shirt sales, Silent auction .25 CEU
(CEU awarded for participation/viewing of posters)

10:30-12:00

Vision Impairment Processing
Speaker: Dr. Kara Heying OD, FCOVD 1.5 CEU

Dr. Kara Heying practices at Cedar Rapids Eye Care. After graduating from the Illinois College of Optometry in 1998, she joined her father's practice and pioneered optometric vision therapy in Cedar Rapids. She passed rigorous exams and is a certified Fellow of the College of Optometrists in Vision Development.

Dr. Kara Heying has served on the COVD Board of Directors and is the former President of the College of Optometrists in Vision Development. She lectures on developmental optometry and vision therapy across the nation and in foreign countries.

Objectives:

- Gain general foundation of functional visual skills.
- Increase knowledge of how Vision Therapy can be a piece of the puzzle for diagnoses.

12-12:30

Visit Poster Presentations, Vendors, T-shirt sales, Finalize Silent auction .25 CEU
(CEU awarded for participation/viewing of posters)

12:30-1:45

IOTA membership Meeting/Lunch
(Lunch included in registration fee)

1:45-2:45

Track A – AEA Early Intervention Providers' Perspectives for Family Guided Routines Based Intervention

Speaker: Julie Jones, OTD, OTR/L, BCP, Ellen Joerger, OTDS 1.0 CEU

Objectives:

- Participants will increase their knowledge of AEA early intervention providers' perspectives of FGRBI.
- Participants will increase their knowledge of routines being commonly addressed by AEA early intervention providers across the state of Iowa.
- Participants will discuss trends in FGRBI throughout the state of Iowa.
- Participants will network with early intervention OTs throughout the state of Iowa.

Track B – Introduction to the Intentional Relationship Model (IRM): Facilitating therapeutic use of self in the entry-level clinician.

Speaker: Rachel Allen-McHugh, OTD, OTR/L, RYT, CEIM 1.0 CEU

Dr. McHugh has over 20 years of experience serving children and their caregivers in a variety of practice settings. Her work as an OT both in Europe and the United States has enabled her to develop a unique perspective of therapeutic use of self and building relationships within diverse communities.

Objectives:

- Participants will be able to Understand and Apply the Intentional Relationship Model as a theory to support intentional communication, rapport and therapeutic use of self.
- Participants will be able to define and apply the 6 Therapeutic Modes of IRM.
- Participants will be able to identify their personal primary mode and explain appropriate modes shifts.
- Participants will be able to identify and apply alternative applications of the model beyond the therapist/client relationship.

2:45-3:00

Break- Visit Vendors & T-shirt sales

3:00-5:00

Track A – Feeding Techniques

Speaker: Stephany Brimeyer by MPH, LD, RD.2.0 CEU

Stephany Brimeyer, MPH, RDN, LD is Supervisor of Nutrition Services for Child Health Specialty Clinics (CHSC) where she has worked with Iowa children and youth with special health care needs (CYSHCN) to meet their unique nutrition needs over the past nine years.

Objectives:

- Familiarize themselves with emerging trends/ research in the area of pediatric nutrition as it applies to feeding. This includes reflux, appropriate growth vs failure to thrive, allergies, first foods, and tubefeeding practices.
- Access resources related to pediatric nutrition for their own practice or to share with families with whom they work.
- Identify a local nutrition expert in the area of pediatrics who can help them work through complex feeding/growth issues.

Track B – Ergonomics & Hand Therapy: Incorporating Health and Wellness in Outpatient Occupational Therapy Practice

Speaker: David Plutschack, OTD, OTR/L, BCPR, CLT, CEASII 2.0 CEU

Objectives:

- Analyze principles of job site analysis, ergonomics, and body mechanics and apply to hand therapy treatment.
- Evaluate principles of health and wellness that may be implemented into hand therapy practice.
- Integrate concepts of ergonomics for injury prevention for common upper extremity diagnoses.

**CONFERENCE
SCHEDULE**